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Commentary: Comparison of soft tissue profile changes in serial extraction and late premolar extraction

Robert J. Isaacson, DDS, MSD, PhD

Worms et al. called the soft tissue the ultimate compensator in the facial profile (Angle Orthod 1976;45:1). They coined this phrase in the context of orthognathic surgical treatment. This article, which examines the effect of dental extractions on the facial profile, shows that the soft tissue profile does not distinguish between surgical and orthodontic changes in its surrounding environment.

The hypothesis investigated was that the profiles of patients treated with late premolar extraction do not differ significantly from the profiles of patients whose dentition underwent a period of drifting following serial extraction. The idea is based on the tacit belief that differences in tooth retraction will lead to differences in the profile.

Since the study supported the hypothesis of no profile differences, and it is well done with robust sized groups, the notion of any clinically meaningful difference in profiles resulting from the different treatment regimens is probably spurious. The important caveat is the real difference in the treatment regimens between the groups.

In group A, the serial extraction, no treatment group, and group B, the serial extraction with orthodontic treatment group, the timing of acquisition of the radiographs is clearly stated, but the exact developmental timing of the extractions is not given. When were the different teeth extracted? How long was the dentition free to drift? Would more time between extractions and records have allowed more tooth movement? If all

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the premolars were extracted near the same point in development, this could give very different results from serial extraction practiced with much earlier removal of premolars. This, of course, raises the old question of the definition of serial extraction. The term has become almost generic, used to describe many different courses of action. Often we begin serial extraction when crowded lateral incisors emerge, and the incisors seem to align, accompanied by lingual movement. It is interesting to see that this study found that the lower incisors were more lingually placed in the late extraction group. Could this be because patients in the late extraction group were less severely crowded and so deferred from the serial extraction process? Can we be assured that the anchorage preservation of the orthodontic treatment was equally careful and equally needed?

This report is important because it clarifies two issues. One is the finding that incisor retraction does not *a priori* lead to reductions in facial profiles. The second is that the apparent lingual movement of incisors following extraction of primary canines does not necessarily lead to greater lingual positioning of these teeth as compared with the later removal of premolars to relieve crowding.

I offer plaudits to the authors. The study was well done and my most severe criticism is that it does not tell me everything I want to know on the subject. It does, however, carefully address a well-defined question and uses good samples and sophisticated statistics.

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